



BENé



FROM EAST TO WEST

Back, neck & Shoulders Massage A relaxing treatment focusing on shoulders, neck and back. It helps to relieve muscle tensions in a particular area of the body.

Holistic Massage Treatment made up of a set of holistic techniques for balancing body and mind.

Shea Butter Massage A gentle treatment with an emollient action, which gives shine and softness to the whole body.

Hot Stone Massage A relaxing and soothing massage that combines the radiant heat of lava stones with traditional massage techniques, alleviating both muscular and nervous tension.

Deep Muscle Massage for relieving stiffness, physical stress, and fatigue. It helps speed up recovery while leaving you with lasting relief and a feeling of total well-being.

Head & Face Massage Gentle maneuvers and targeted acupressure to release stress and tension, relax facial features, and promote a deep sense of mental calm.

Legs Recovery Massage Used to relieve fatigue, both physical and mental, by stimulating circulation and promoting tissue oxygenation.

WELLNESS AND BEAUTY RITUALS

Aromatic Salt Ritual

A light scrub with sea salt to delight the senses and relax the mind. A carefully selected blend of the purest of essential oils is combined with a warm oil and massaged onto the body, releasing their intensely inebriating aromatic perfumes.

Rose Ritual

This ritual for the hydration of the body includes a delicate exfoliation followed by the application of regenerating creams and oils enriched with rose extract endowed with recognized revitalizing properties.

Olive Oil Ritual

This exclusive treatment is particularly indicated for dry or dehydrated skin and involves the use of a selected “liquid gold”, which will be applied and massaged by expert hands to improve the elasticity of the skin, which will be more toned, compact and luminous.

Holistic Feet Ritual

Exfoliating and nourishing treatment of the sole of the foot.

Holistic Hands Ritual

Revitalizing hand treatment with nourishing action.

NATURA BISSE'

Welcome to the world of beauty and skincare. A space created exclusively for you to breathe, relax and let your body flow. Feel how time stands still, experience the luxury of connecting with your essence and enjoy all the secrets that lie behind a perfect moment. Secrets are not explained. They are discovered. Enjoy the experience, feel the results.

The Citrus Essence

revitalizes - stimulates - firm

An antioxidant facial treatment that restores vitality to sun-damaged skin and helps minimize signs of premature aging. Vitamin C stimulates collagen production and renews the firmness of skin, while improving luminosity and hydration.

Diamond Energy

energizes - defines - rejuvenates

This 5-star age-defying facial treatment infuses energy into your skin, reviving skins dulled by environmental stress and premature aging. Advanced Myofacial Massage and remodeling massage techniques visibly enhance facial contours and reveal impressively firmer, suppler, and rejuvenated skin.





Tuscan Citrus Facial Ritual

A brightening facial ritual inspired by Tuscan citrus fruits, designed to restore freshness and deep hydration. A gentle citrus exfoliation awakens the skin, while a concentrated infusion of vitamins enhances radiance and vitality. The treatment concludes with a soft soufflé mask made with bitter orange and shea butter, which deeply nourishes and protects against dryness, leaving the face silky and radiant.

TensoLift Neck Dècolletè

A targeted treatment focused on the application of a professional intensive-action mask, designed to improve skin quality in the most delicate areas.

Refreshing Eyes

The rose compress, with its soothing and decongestant properties, helps reduce signs of fatigue and restores brightness, freshness, and harmony to the eye contour.

Facial Cleansing Ritual

A ritual of purity that frees the skin from impurities and enhances its natural radiance. The skin breathes, renews itself, and rediscovers its most authentic essence.



COUPLE WELLNES EXPERIENCES

Having relaxation, living a unique and unforgettable moment together.

Florence Romantic

An enchanting sensory journey, offered within the same serene cabin, where delicate fragrances and skilled hands merge to evoke harmony and a deep sense of well-being.

Caresses for Two

An exclusive ritual that blends a revitalizing salt treatment with a soothing couples' massage, creating a shared journey of ultimate relaxation and intimate connection.

Couples' Facial Experience

Indulge in a sophisticated facial ritual together, designed to illuminate the skin, refresh the senses, and revitalize your natural glow, all within an oasis of complete relaxation.

WELLNESS AREA

The wellness area consists of a sauna, steam bath, whirlpool, emotional shower and a relaxation area. It is an environment designed to rediscover the harmony of the senses, where you can enjoy an herbal tea in total relaxation.

FITNESS AREA

Physical activity, in all of its facets, is an essential component for achieving and maintaining a state of psycho-physical well-being. Our gym is equipped with Technogym machines.

The following activities are by reservation and according to availability, a few days notice is required.

PERSONAL TRAINER

The Hotel offers a Personal Trainer service for its Guests. Please contact the Reception for information and reservations.



SPA ETIQUETTE

SPA BENé offers an atmosphere that favors harmony and relaxation, where you can enjoy an herbal tea in complete tranquility; it is an area for both men and women and the use of bathing suits and slippers is mandatory. We thank you for contributing to the quiet of our wellness area by talking in a soft and calm tone of voice and turning off cell phones. We would like to remind you that food and beverages are prohibited and access is not allowed for your furry pets.

Clothing

We suggest that you arrive to the wellness area wearing a bathing suit, a robe and the slippers available in your room. If necessary, we will be happy to provide you with them. During a treatment, we recommend wearing the disposable underwear provided by our staff. Our professional therapists guarantee maximum comfort by covering the areas of the body that are not part of the aesthetic treatment.

Personal valuables

We recommend that you leave your valuables in the safe in your room or in the additional safes available at the Reception. The Management assumes no responsibility in case of loss or theft of personal belongings within the wellness area.

Health concerns

When you make your reservation for treatment, please inform our staff of any health problems, particular health conditions, or if you are pregnant. Some treatments may be advised against or inappropriate.

Choice of treatment

If you would like assistance in the choice of treatment, please contact the staff directly by calling 055/22879525 or extension 525 from your room. We recommend reserving the chosen treatment in advance.

Maximum benefit from the chosen treatment

We suggest that you arrive 20/25 minutes before your appointment in order to spend 10 minutes in the sauna to relax your muscles, followed by an aromatic cold shower and 10 minutes in the relaxation area.

During the treatment

Our priority is to satisfy your needs and expectations. Please inform the therapist if you ever feel uncomfortable during treatment (i.e. pressure of massage, music, temperature, etc.). The wellness area staff will immediately resolve the problem to guarantee your maximum comfort.

Cancellations

Cancellations or reservation time changes must be communicated within 8.00 pm the day before the treatment. Treatments cancelled after or “no shows” will be charged in full.

Alcoholic beverages

We recommend that you do not consume alcoholic beverages during or immediately after treatments.

Shaving/Hair removal

Shaving or any kind of hair removal is not recommended before any treatment. It is, however, recommended that male guests shave before a facial treatment at least two hours before the appointment time.

Minimum age

Guests under the age of 18 must be accompanied.

Children are welcome for facial, hands and feet treatment, but under the age of 12 they are not allowed access to the wellness area and gym.

Gift Cards

A wonderful gift for every occasion. Vouchers are neither refundable nor transferable and may not be converted into currency. Please contact the wellness area for purchase at 055/22879525 or 525 from your room.

Payment

Major credit cards and cash are accepted. Hotel Guests can charge treatments to the room.

FROM EAST TO WEST

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|--------------------------------|--------|-------|
| Back, neck & shoulders Massage | 40 min | € 160 |
| Holistic Massage (Total Body) | 50 min | € 190 |
| | 80 min | € 250 |
| Shea Butter Massage | 50 min | € 190 |
| Hot Stone Massage | 50 min | € 190 |
| Deep Muscle Massage | 50 min | € 190 |
| Head & Face Massage | 50 min | € 180 |
| Legs Recovery Massage | 50 min | € 200 |

WELLNESS AND BEAUTY RITUALS

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|----------------------|--------|-------|
| Aromatic Salt Ritual | 35 min | € 120 |
| Rose Ritual | 75 min | € 250 |
| Olive Oil Ritual | 75 min | € 250 |
| Holistic Foot Ritual | 35 min | € 120 |
| Holistic Hand Ritual | 35 min | € 120 |

Natura Bissè FACIAL TREATMENTS

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|-----------------------------|--------|-------|
| The Citrus Essence | 50 min | € 200 |
| Diamond Energy | 50 min | € 250 |
| Tuscan Citrus Facial Ritual | 50 min | € 200 |
| TensoLift Collo & Dècolletè | 40 min | € 160 |
| Refreshing Eyes | 40 min | € 160 |
| Facial Cleansing Ritual | 35 min | € 150 |

COUPLE WELLNES EXPERIENCES

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|----------------------------|--------|-------|
| Florence Romantic | 60 min | € 400 |
| Caresses for Two | 90 min | € 450 |
| Couples' Facial Experience | 60 min | € 380 |

WELLNESS AREA ACCESS

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|---------------------------|--------|------|
| Wellness Area Access | 60 min | € 60 |
| combined with a treatment | 60 min | € 30 |

BENé

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